



# Carbon Dioxide - Life and Death

## What is Carbon Dioxide?

Carbon dioxide (CO<sub>2</sub>) is one frequent found gas in the earth's atmosphere. It is a main product in combustion processes and the natural metabolism of living organisms. We inhale oxygen and exhale carbon dioxide. The carbon dioxide level in exhaled air is rather constant about 3,8 % (38.000 ppm). When carbon dioxide is exhaled it will quickly be mixed with the surrounding air even indoors and, provided that the ventilation is good, the concentration will be reduced to harmless levels. Indoor CO<sub>2</sub> levels usually vary between 400 and 1200 ppm (parts per million). Outdoor CO<sub>2</sub> levels are usually 350 - 450 ppm.

Heavily industrialized or contaminated areas may periodically have a CO<sub>2</sub> concentration of up to 800 ppm. The levels of outdoor CO<sub>2</sub> are higher in areas where traffic is very heavy. CO<sub>2</sub> must not be confused with carbon monoxide (CO), a very toxic gas that is a by-product from poor combustion in i.e. cars and fireplaces. Carbon monoxide is dangerous at very low concentrations (25 to 50 ppm).

## Is CO<sub>2</sub> an indoor air pollution?

Carbon dioxide is not seen as an indoor air pollution but it is a suitable tracer gas for indicating possible micro-organisms generated by people that contributes to deteriorated

comfort. In industrial environments where process generated CO<sub>2</sub> dominates, for example in breweries, packaging industry, freezer storages etc, the maximum permitted CO<sub>2</sub> concentration according to most standards is as high as 5.000 ppm during an 8-hour working period.

## How can CO<sub>2</sub> measuring give an indication of the ventilation efficiency in a room?

CO<sub>2</sub> measurement inside a building dynamically measures the relationship between CO<sub>2</sub> generated by people, and the "dilution effect" given by the mechanical ventilation and draught. If the difference between indoor and outdoor concentration is known and the indoor concentration is stable, it is easy to relate this CO<sub>2</sub> concentration to the ventilation system performance.

A difference of 700 ppm corresponds to an air intake of 10 litres/second and person. An often used maximum value is 1000 ppm, recommended by among others, the Swedish Work Environment Authority and AHR. That value can directly be related to the "dilution effect" that occurs when you bring outdoor air with a carbon dioxide level of 400 ppm into a room and have an air flow of 7 litres/second and person.

Because CO<sub>2</sub>, like all gases, will rapidly diffuse in outside air, time variations in concentrations in a particular outside location are generally less than 50 ppm and tend to be seasonal in nature.

CO<sub>2</sub> is also one of the most plentiful by-products of combustion and as a result, outside air measurements can be affected by extremely localized sources of combustion such as exhaust flues or running vehicles. Measurement of outdoor CO<sub>2</sub> levels above 500 ppm indicates that a significant combustion source is nearby. An indoor CO<sub>2</sub> measurement provides a dynamic measure of the balance between CO<sub>2</sub> generation in the space, representing occupancy and the amount of low CO<sub>2</sub> - concentration outside air introduced for ventilation.

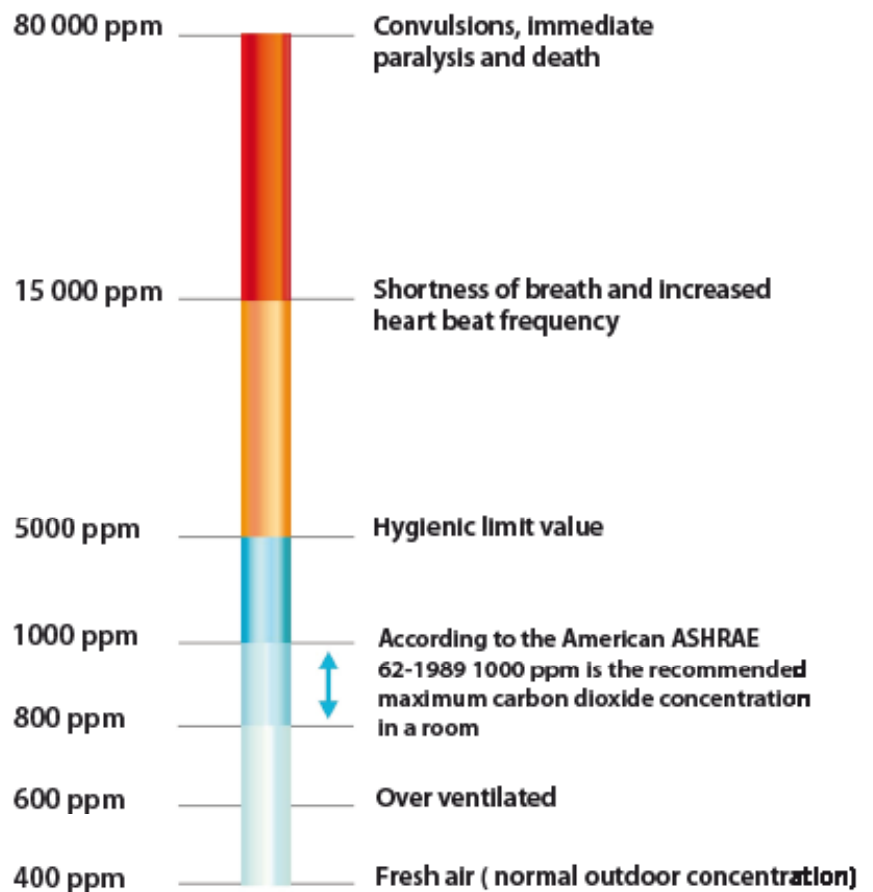
### Areas of application

Few gases have so varied and unexpected areas of application as Carbon dioxide (CO<sub>2</sub>). Interest and demand for the gas is on the increase. This is mainly a result of its proving to be the most environmentally friendly alternative to many different hazardous species used in our society. Carbon dioxide, in spite of not being toxic itself, is an insidious gas. It is harmless in small quantities (we exhale CO<sub>2</sub>) but in high concentrations it is fatal. Because the gas is odourless it cannot be detected without measuring instruments and many fatal accidents have occurred in e.g. beer cellars where beer or carbonated drinks are stored in barrels. New legislation on serving and storing beer and soft drinks are opening big new markets for CO<sub>2</sub> - alarms. One big end user of these CO<sub>2</sub> alarms, (delivered by a *SenseAir*® OEM customer) is McDonald's.

### *SenseAir*® products are used in:

- energy saving intelligence and comfort added features, to traditional ventilation components like stand-alone fans, exhaust valves, window openers and fresh air supply actuators.
- process yield and economic outcome in many bio-related processes, such as in greenhouses, mushroom farming, food transportation /storage, chicken hatcheries, incubators and dairying.
- personal safety -in confined spaces where combustion may be present, or gas leakage is possible, such as garages, tunnels, public bars and restaurants, burners and heaters.
- automotives – refrigerant leakage control, plus HVAC fresh air supply demand sensing
- global environmental surveillance – ground and atmospheric CO<sub>2</sub> sensing
- homeland security
- household appliances (Kitchen Fans, Kitchen Ranges)

## How does CO<sub>2</sub> affect the human body?



*SenseAir*® sensors can easily be included as partial systems in larger system solutions. The products can easily be adjusted to comply with differing customer requirements.

### Demand- controlled ventilation (DCV)

Either too little or too much fresh air in a building can be a problem. Over-ventilation results in higher energy usage and costs than necessary with appropriate ventilation and potentially in-creasing IAQ problems in warm, humid climates. Under- ventilation leads too poor air quality that can cause occupant discomfort and health problems. The solution of the problem is demand-controlled ventilation (DCV) using carbon dioxide (CO<sub>2</sub>). The heating, ventilation and air-conditioning (HVAC) system can use DCV to tailor the amount of ventilation air to the occupancy level.

Demand-controlled ventilation using CO<sub>2</sub> sensing is a combination of two technologies: CO<sub>2</sub> sensors that monitor CO<sub>2</sub> levels in the air inside a building, and air-handling systems that uses data from the sensors to regulate ventilation. CO<sub>2</sub> sensors continually monitor the air in a conditioned space. Since people exhale CO<sub>2</sub> the difference between the indoor CO<sub>2</sub> concentration and the level outside the building indicates the occupancy and/or activity level in a space and thus



its ventilation requirements. The sensors send CO<sub>2</sub> readings to the ventilation controls, which automatically increase ventilation when CO<sub>2</sub> concentrations in a zone rise above a specific level.

### **Advantages of CO<sub>2</sub> - based DCV:**

#### **• Improved IAQ**

By increasing the supply of fresh air to the building, if CO<sub>2</sub> levels rise to an unacceptable level, the technology could prevent under-ventilation that results in poor air quality.

#### **• Energy savings**

The energy savings from CO<sub>2</sub> sensors for DCV result from the avoidance of heating, cooling and dehumidifying fresh air in excess of what is needed to provide recommended ventilation rates.

#### **• Improved humidity control**

In humid climates, DCV can prevent unnecessary influxes of humid outdoor air that causes occupants to be uncomfortable and encourages the growth of mold and mildew.

#### **• Records of air quality data**

Sensor readings can be logged to provide a reliable record of proper ventilation in a building. Such records can be useful in protecting building owners against ventilation-related illness or damage claims.

### **Energy-saving mechanism**

To ensure adequate air quality in buildings, the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) recommends a ventilation rate of 15–20 cfm per person. To meet this standard, many older ventilation systems are designed to admit air at the maximum level whenever a building is occupied, as if every area were always at full occupancy. The result, in many cases, has been buildings that are highly over-ventilated.

The potential of CO<sub>2</sub>-based DCV for operational energy savings has been estimated in the literature between \$0.05 to more than \$1 per square foot annually. The highest payback can be expected in high-density spaces in which occupancy is variable and unpredictable, in locations with high heating and/or cooling demand and in areas with high, but regular utility rates. Improving the ability to condition the building could delay start-times of the HVAC equipment during morning pre-conditioning periods by as much as several hours

on a Monday morning in humid climates, resulting in large energy and cost savings.

### **Advantages of measuring carbon dioxide in combustion situations (compared with i.e. carbon monoxide)**

#### **• Good economy and performance**

There are a lot of different reasons of measuring carbon dioxide. It is the dominating gas in all kinds of open combustion and is therefore a good indicator of the total emission load of internal-combustion engines. Because carbon dioxide is the dominating emission gas, you can define this total emission load with high reliability at a very low cost by using IR-technology.

#### **• CO<sub>2</sub> is a neglected health hazard**

Since the share of cars with catalytic converters is rapidly increasing it is, for reasons of health, important to measure the carbon dioxide concentrations. From a warm engine, when the catalytic converter is fully efficient, great concentrations of carbon dioxide are emitted, in comparison to the toxic exhaust substances. In this case the carbon dioxide could actually constitute the potential threat. It would therefore be irresponsible to disregard this risk (product aSENSE mIII)

#### **• CO<sub>2</sub> as an exhaust indicator correlates with all toxic emissions**

Using demand controlled ventilation where you make sure that the carbon dioxide concentrations are kept low, the toxic emissions will also be ventilated automatically. If you are interested in knowing the exact relations in this case, you must, for example in the return air duct, measure the air mixture regarding all relevant gases, including carbon dioxide. The occurrence of the different gases, relative carbon dioxide, gives you a value of the average exhaust mixture of the current vehicles at this particular time. This value can be used to make a calculation of each gas concentration's time variation along the entire system where carbon dioxide sensors are installed (e.g. in road tunnels or garages).

The locally measured CO<sub>2</sub> emissions give you the exhaust quantity and, at this particular time, the centrally measured mixture gives us the local concentration of NO<sub>2</sub> (nitrogen dioxide) and, if requested, also CO (carbon monoxide). This solution admits flexibility in the event of possible future changes concerning ventilation components and/or air quality regulations.



### • CO<sub>2</sub> is an excellent fire indicator

A CO<sub>2</sub> sensor can also function as a fire detector. In case of an open fire, very high concentrations of CO<sub>2</sub> are emitted within a short time interval. Much higher concentrations than what could ever be generated from for example internal-combustion engines. Hot high concentration CO<sub>2</sub> gas is developed and quickly spread together with the fire smoke. Fire tests show that the carbon dioxide "cloud" actually spreads faster than the possible smoke.

In all cases of open test fires, according to the EN54 norm, CO<sub>2</sub> was found to be the absolute best (=fastest) fire indicator (ref.3). Also, at some alcohol- and gasoline fires, no smoke is developed but still the CO<sub>2</sub> emission is very high. Unlike optical or ionizing smoke detectors, therefore the CO<sub>2</sub> fire detection technology is secure to false alarms, which is most obvious in dirty and dusty environments, where smoke can occur out of reasons other than fire.

### About the Technology NDIR

Non-Dispersive Infrared (NDIR) technique relies on the fact that molecules absorb light (electro-magnetic energy) at spectral regions where the radiated wavelength coincides with internal molecular energy levels. In accordance to well known quantum mechanical theory in physical chemistry such energy resonances exist in the mid-infrared spectral region due to interatomic vibrations.

Since different molecules are formed by different atoms (with different masses) the vibrational resonance frequencies (and wavelengths) are different for every specie. This fact is the basis for gas sensing through spectral analysis. By detecting the amount of absorbing light, within just a small spectral region that coincides with the resonance wavelength of the specie selected, one gets a measure of the number of molecules of this particular specie, free from interference of other species.

### Differences between CO<sub>2</sub> sensors and VOC sensors

People (still) sometimes ask about the differences between Air quality sensors (VOC sensors) and CO<sub>2</sub> sensors. These sensors are not interchangeable. They measure very different things. CO<sub>2</sub> sensing technology by IR technique, is stable and is not subject to the short-term, random drift found in air quality sensors. Most IR carbon dioxide sensors only measure

CO<sub>2</sub>. A CO<sub>2</sub> sensor controls the ventilation rate in occupied spaces. People are the principal source of CO<sub>2</sub> in indoor air. Outside levels tend to be at a relatively low level and are fairly constant. An indoor CO<sub>2</sub> measurement can be compared to outside concentrations to provide an indication of the amount of outside air ventilation, on a cfm-per-person basis, that is being provided to an occupied building space. An air quality sensor cannot indicate the rate of ventilation need. It also cannot necessarily indicate whether safe or harmful concentrations of contaminants are present. It can indicate a general change in the concentration of contaminants. Air quality sensors are best used in applications where unusual, non-occupant-related sources periodically may be present.

As a control, the sensor can activate an alarm or mitigation strategy (activate filters or ventilation). Because carbon dioxide is an inert gas, it is one of the few elements that will not cause an air quality sensor to react. Both approaches can be applied to a demand-controlled ventilation strategy, but the results may be very different. When you use CO<sub>2</sub> sensing, energy savings can result because ventilation is based on actual occupancy of the space rather than the design occupancy of the space. Energy is saved when pollutant loads are low and ventilation can be reduced, which may occur during or after occupied hours. Where a CO<sub>2</sub> sensor would specifically reduce ventilation during unoccupied periods, an air quality sensor may actually maintain ventilation rates during unoccupied periods if there is a significant pollutant level in the building.

In the case of IAQ sensors, ventilation is regulated based on the actual presence of some pollutants sensed by the air quality sensor. This may or may not conflict with established ventilation codes. These sensors can also be used to sense periodic episodes of high pollution that might occur when special equipment is being used, or when potent chemicals from cleaners are released into the air.

All air quality sensors are basically the same. Some manufacturers of air quality sensors are now providing an output in "CO<sub>2</sub> equivalent units." This measure is considered misleading and may confuse many new to the indoor air quality industry.